November 2026
Wellness Ministry Messages

American Diabetes Month
Focuses on raising awareness about diabetes, promoting prevention, encouraging screening, and supporting people living with the condition

- Warning Signs & Symptoms of Diabetes | ADA
- 60-Second Risk Test for Type 2 Diabetes| ADA
- Prediabetes Education & Treatments: Steps to Prevent Type 2 Diabetes
- Understanding A1C | American Diabetes Association
- Get Active! | Exercise & Diabetes | ADA
- Eating Well & Managing Diabetes | ADA

Pancreatic Cancer Awareness Month
Highlights the urgent need for earlier diagnosis, improved treatments, and greater public understanding of pancreatic cancer.

- Pancreatic Cancer Awareness Month - Pancreatic Cancer Action Network
- Black/African American Initiative – National Pancreas Foundation
- Pancreatic Cancer Awareness Month | AACR
- Talk Test Take Control - Pancreatic Cancer Action Network

Antibiotic Awareness Week (November 18-24, 2026)
Raises awareness of the importance of appropriate antibiotic and antifungal use and the Threat antimicrobial resistance (AR) poses to people, animal, plants, and their shared environment.

- Be Antibiotics Aware Partner Toolkit | Antibiotic Prescribing and Use | CDC

- Antimicrobial Resistance | CDC

Chronic Obstructive Pulmonary Disease (COPD) Awareness Month
Raises awareness and show support to those living with chronic obstructive pulmonary disease that makes it hard to breathe.

- COPD Awareness Month | American Lung Association
- COPD: Portraits of Lung Health at Any Age Infographic | NHLBI, NIH

National Healthy Skin Month
Focuses on evidence-based guidance on skin care, sun protection, and the management of chronic skin conditions.

- November is National Healthy Skin Month®

Lung Cancer Awareness Month
Raises awareness about lung cancer and provide support for persons impacted by the disease.

- 10 Simple Steps to Your Healthiest Lungs | American Lung Association
- Health Problems Caused by Secondhand Smoke | Smoking and Tobacco Use | CDC

Prematurity Awareness Month
Raise awareness of the current state of maternal and infant health in the US and around the world.

- Prematurity Awareness Month | March of Dimes

National Alzheimer's Disease Awareness Month
Raise awareness about Alzheimer's disease, its impact, and the importance of supporting research and caregivers.

- What is Alzheimer's Disease? | Alzheimer's Foundation of America
- 10 Steps for Healthy Aging | Alzheimer's Foundation of America